

# Chelmsford Teaching Schools Alliance

## Paediatric First Aid Course

Delivered by – Frinton Training Services

### Course Content:

This course is designed to teach those working with children and babies the correct first aid procedures to be applied when faced with a variety of injuries/conditions. Some areas also include procedures for adults. Topics covered include responding appropriately to choking, shock, anaphylactic shock, suspected fractures and bleeding. Resuscitation techniques will also be covered, and recognising and responding to the emergency needs of children with chronic medical conditions including epilepsy, asthma and diabetes. A full syllabus is detailed below.

Upon reaching a competent standard in all units (assessment will be ongoing throughout the training) each student will receive a certificate of attainment. The certificate is **valid for 3 years** from the date of completion of the course.

**There will be practical activities so comfortable clothes should be worn. Females should wear trousers.**

### Syllabus

|                                                |                                                   |                                         |
|------------------------------------------------|---------------------------------------------------|-----------------------------------------|
| Administration of medications                  | Burns                                             | Choking- <b>adult, child &amp; baby</b> |
| Diagnosis                                      | Upset Stomach                                     | Fainting                                |
| Shock                                          | Anaphylactic shock                                | Compression                             |
| Body check for injuries                        | Foreign Objects - swallowed, ears,<br>nose & eyes | Diabetes                                |
| Resuscitation - <b>adult, child &amp; baby</b> | Accident Books                                    | Bleeding - minor, severe                |
| Asthma                                         | Sickle Cell Anaemia                               | Displaced Tooth                         |
| Concussion                                     | Fractures                                         | Extremes of temperature                 |
| Epilepsy                                       | Playground first aid                              | Squashed Fingers                        |
| Meningitis                                     | Principles of First Aid                           | Insect stings                           |
| Hygiene                                        | Priority of treatment                             | Splinters                               |
| Common Ailments                                | Unconsciousness                                   | Question & Answer Session               |
| First Aid Kits                                 | Strains & Sprains                                 |                                         |
| Poisons                                        |                                                   |                                         |

**Please visit our website to make a  
booking using our online booking  
form**

[www.chelmsfordteachingschoolalliance.co.uk](http://www.chelmsfordteachingschoolalliance.co.uk)

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|---------------|-------------------------------------------------------------------------|
| <b>When?</b>  | Session 1: <b>6<sup>th</sup> &amp; 7<sup>th</sup> November 2019</b>     |
| <b>Time?</b>  | 9.15 a.m. – 4.00 p.m.                                                   |
| <b>Where?</b> | Newlands Spring Primary School,<br>Dickens Place, Chelmsford<br>CM1 4UU |
| <b>Who?</b>   | All Staff                                                               |
| <b>Cost?</b>  | Members: £135<br>Non-members: £150                                      |